

# ITINERARY MALAWI, AFRICA 2018

May 20- June 4

- Sun. May 20 Meet in SYR  
Lunch, breakfast served)  
Sleep on plane!!
- Mon. May 21 Arrive in Johannesburg  
Flight from Johannesburg to Lilongwe, Malawi  
Brunch on plane  
Meet with Ministry of Hope staff  
Assist MoH staff with preparations for mobile medical clinic  
Hold babies at the crisis care nursery!  
Stay at Korean Gardens in Lilongwe  
<http://www.kglodge.net/content>
- Tues. May 22 Assess health care needs of villagers  
Assist Ministry of Hope staff with mobile medical clinic  
<http://www.ministryofhope.org> +265 1 761 672  
Stay at Korean Gardens in Lilongwe  
<http://www.kglodge.net/content> +265 1 753 467
- Wed. May 23 Meet with director of “Children of Blessings” OT/PT clinic
- Thu. May 24 Visit with Saeed Ahmed and Maria Kim  
Baylor-Tingathe Program  
<https://www.texaschildrens.org/search/site/tingathe>  
+0998896091  
Nighttime discussion with these Global Health leaders
- Fri. May 25 Visit Dowa District Hospital with Happy Jaji  
Travel to Lake Malawi Nkhata Bay  
Stay at Mayoka Village in Nkhata Bay, Malawi  
<http://www.mayokavillagebeachlodge.com/>  
+265 0 999268
- Sat. May 26 Visit traditional wood carvers’s market  
Visit orphan feeding center and assist as needed  
Stay at Sambani Lodge in Chintechi, Malawi  
<http://www.sambanilodge.com/index.htm>  
+265 1 990 011(landline)  
+265 999 723 062 (manager’s mobile)
- Sun. May 27 Rest and relax! Time for journaling and reading.  
Local church service for those that are interested

Stay at Sambani Lodge in Chintechi, Malawi

<http://www.sambanilodge.com/index.htm>

+265 1 990 011(landline)

+265 999 723 062 (manager's mobile)

- Mon. May 28 Assist with widows' project per Grace Chiumia  
Assess health care needs of staff and babies at crisis nursery  
Stay at Marion Medical Mission house in Mzuzu  
<http://marionmedical.org/>  
Sam Chirwa, driver's # 099 303 7210
- Tues. May 29 Participate in volunteer work at Eckwendeni Hospital  
Partner with various departments: Lab, outpatient, pediatric and medical OR  
Assist in district clinic with Grace  
Stay at Marion Medical Mission
- Wed. May 30 Visit Mbowe to see Organic gardening/ building projects  
Assist Grace Chiumia, Honorable Member of Parliament  
Stay at Marion Medical Mission
- Thurs. May 31 Visit University of Mzuzu in the morning, meet with HSHP dean  
Travel to Lilongwe in afternoon  
Stay at Nelly's Guesthouse in Lilongwe +265(0)759 514  
<http://www.nellysguesthouse/>
- Fri. June 1 Safari at Mvuu Camp Liwonde National Park  
See the elephants, hippos, monkeys, etc!  
<http://www.eyesonafrica.net/african-safari-malawi/malawi-safari.htm>
- Sat. June 2 Boat ride on Shire River-See alligators, tropical birds, etc.  
Discussions and reflection on our experiences  
Travel back to Lilongwe  
Stay at Nelly's Guesthouse in Lilongwe +265(0)759 514  
<http://www.nellysguesthouse/>
- Sun. June 3 Wrap up with staff from Ministry of Hope  
Last chance to hold babies!  
Afternoon flight from Lilongwe to Johannesburg, South Africa  
Dinner on plane, Sleep!
- Mon. June 4 Arrive JFK at 06:40 May take 1-2 hours to clear customs  
08:52 Jet Blue flight #116 to SYR- arriving at 10:14

**Other Information:**

- Internet is not reliable!
- 94% of the country is without electricity and we will have periods where electricity is “turned off” where we visit.
- Please bring headlamp or flashlight.
- Snacks to share from home may be comforting.
- Time difference: Malawi is 6 hours ahead of EST

**Important Numbers:**

- *To call Malawi from USA: DIAL 011 +265+ phone number*
- Melissa Dhundale’s cell: 917-826-4914
- Sam Chirwa, Malawi guide and driver: 099 303 7210
- Grace Chiumia, Member of Parliament: 088 860 3641
- Saeed Ahmed: Phone: +998-896-091
- Rev. Nkhoma 088 887 0495

**Baggage:**

- 2 pieces per traveler (50# limit each) One personal suitcase, one with donations. Small backpack as carry on – all personal meds in this bag.
- Label all luggage with your name and email address and final destination:

**Ministry of Hope  
Crossroads Complex  
Lilongwe, Malawi**